



Barbara C. Harris Episcopal Camp • Greenfield, NH

Overnight Camp 2025 Parent's Guide

Welcome Statement

Jesus spent His earthly ministry reaching out to the oppressed and marginalized. Barbara C. Harris Camp strives to be like Jesus by explicitly welcoming everyone, including those who have been excluded elsewhere. We believe that the Body of Christ is more complete when we embrace the broad diversity of God's creation.

No matter where you are in your faith journey and regardless of age, race, color, national origin, marital status, sexual orientation, gender identity or expression, disability, or socioeconomic status, you are welcome here and will be fully included in the life of the church.

God loves you. No exceptions.

Camp Registration

How to Register	We encourage all families to register online by visiting http://bchcamp.campbrainregistration.com This allows us to better access camper records through our computers as opposed to paper, folders and files. Please email our Program Director, kate@bchcenter.org , with any questions or for additional help with the process.
How to Pay	All registrations require a \$250 non-refundable deposit. Parents then have the option of paying the remaining balance in monthly installments, or all at once. Balances are due by July 1 st . If registered after May 30 th your installments will be paid every two weeks until July 15 th .
How to Apply for Financial Aid	We are committed to making camp as accessible as we can. We recognize that it may be financially difficult for some families to provide this experience for their children. If you are seeking financial assistance, you may apply for a Campership. Campership applications are available through our online registration process.
Campership Guidelines	<p>Our Campership application process asks families to contribute 1/3 the cost of camp, their parish to contribute 1/3, and BCH Camp to contribute the final 1/3.</p> <ul style="list-style-type: none"> • Campership requests are handled on a first come, first serve basis. • If there is no affiliation with a parish, put "N/A" in related categories. • If either the family or their parish cannot pay their 1/3 of the cost of camp, the family and/or parish clergy must submit a statement outlining financial circumstances and needs. <p>Our Program Director will review these applications and make campership awards on a case-by-case basis. Please do not hesitate to apply!</p>
Refund Policy	If you cancel 30 or more days in advance, all camp fees except the \$250 non-refundable deposit will be refunded or transferred to another week of camp. If you cancel within 30 days prior to the week of camp registered for, there will be no refund. Exceptions will be considered in the case of illness or family emergency if requested in writing.
Mandatory Forms	See "Health & Wellness at BCH Camp" section.

Camper Check-In & Check-Out

Sunday Check-in	<p>Check-in for campers is on Sunday afternoon from 3pm – 5pm. Please contact camp if your plans changed, or there is an emergency requiring you to arrive late. Late arrivals can only be accommodated by prior arrangement made with our Program Director.</p> <p>If you need to reach us on arrival day, please first try our camp office (603)547-3038 or send an email to camp@bchcenter.org. If there is no reply within an hour, please call BCH's on-call cell phone at (603)562-6515. This phone number will only be accessible on drop off and pick-up day when no one is in the office.</p>
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Absentee Campers (AD.23.2)	If registered campers do not show up on their check-in day, we will call caretakers to ascertain when the camper will be joining us. We request if a camper will not be joining the camp session, please let camp know as soon as possible.
Friday Check-out	The closing ceremony will be in the gym on Friday at 1:00pm. Campers will share a few songs or things they have learned and built together throughout the week, staff will introduce themselves, and we will watch a camp slideshow commemorating our time together. All campers must be picked up by 2:00pm on Friday at the latest. Please contact the camp if your plans changed, or there is an emergency requiring you to arrive late. Parents who do not pick up their children by 2:00pm will be charged a \$50 supervision fee. Campers who attend consecutive weeks of camp must be picked up at the end of each session.
Authorized Pick-Up (AD.23.1)	As part of the registration process, we ask you to list the adults, besides the parents/guardians, who are authorized to pick your child up from camp. This is to ensure the safety of your child. At the time of check-out, our staff will check the ID of every adult who comes to pick up a camper in order to ensure the adult is on the authorized pick-up list. Please be prepared to show your ID at check-out.

Health & Wellness at BCH Camp

Health Care (HW.8.1)	BCH camp has licensed health care professionals on site at all times to provide care in case of illness or injury. Normally we will not contact parents if children receive minor injuries, such as a skinned knee, that can be effectively treated by our staff. If a camper has an injury or illness that requires off-site care or will require treatment following camp, our health care staff will contact parents. In emergency situations we will attempt to contact parents first, but we will not withhold treatment if a parent cannot be reached. Campers who become ill at camp (fever, vomiting, etc.) will be sent home and parents will be responsible for providing transportation home.
Health Screening	At check-in our staff will conduct a health screening of every camper which includes checking for head lice, bed bug bites, and high temperatures. Campers who are sick or have any communicable illnesses will not be allowed to stay at camp and parents will be responsible for providing transportation home.
Medications	All medications, both prescription and over the counter, must be turned into the health care center at check-in. All medications must be in their original containers. Our health care staff will keep all medications in a safe location and will provide campers with their medications as needed. Campers do not need to bring over the counter medications such as Tylenol or Ibuprofen to camp. Our health care staff can provide these medications on an as needed basis. If medication of any kind is found in the camper's cabin, it will immediately be brought to the camp nurse and a call home will be made.
Mandatory Health Form (HW.5)	The Camper Health Form is mandatory and is included in the online application process. We no longer require a copy of the camper's most recent physical from their doctor, but we do still require that the camper has had a physical within 12 months prior to the start of camp. Campers arriving at camp without their health form on file will not be allowed to stay at camp and parents will be responsible for providing transportation home.
Food	BCH Camp offers a nutritious and well-balanced menu. In addition to our main menu, a cereal or salad bar is available at most meals. We are a peanut-free camp. If a camper has special dietary needs, please indicate these on their registration forms so that our food service can be prepared to meet those needs. To ensure the health of campers BCH does not allow campers to bring snacks or candy to camp. Please do not mail your child any food.
Homesickness	Our staff are trained to help campers deal with any separation anxiety they may experience at camp. Parents are discouraged from telling their child they may call home if they're feeling homesick. Our experience is that these phone calls usually increase homesickness. If homesickness is a concern for you or your camper, please reach out so we can create an action plan together!
American Camp	BCH Camp is accredited by The American Camp Association (ACA). In order to maintain this accreditation, every 5 years BCH undergoes a thorough (up to 300 standards)

Association Accreditation	voluntary review of its operation. The ACA collaborates with experts from the American Academy of Pediatrics, the American Red Cross, and other youth-serving agencies to assure that current practices at BCH Camp reflect the most up-to-date, research-based standards in camp operation. Our ACA accreditation assures parents that camp practices have been measured against national standards and go a step beyond New Hampshire camp licensing requirements.
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BCH Camp Communication

Snail Mail	<p>Campers enjoy getting mail sent from home. We request that parents do not send any food items to camp. Mail that is sent after Wednesday may not reach the camper before the end of the session. Mail can be sent to campers using this address:</p> <p style="padding-left: 40px;">Camper's Name BCH Camp P.O. Box 204 Greenfield, NH 03047</p> <p>Parents should send stationary, envelopes and stamps with their child to camp so they may write home. Pre-addressing all envelopes is a good idea. Please do not use "BCH Camp" on the Return Address line.</p> <p>Pro-tip: You can also leave snail mail with Camp Staff at check-in to ensure it will arrive on time. Lots of parents do this and it makes the process very smooth! Up to you.</p>
Email Your Camper	Campers may receive one-way emails from you while they are at camp. You can send these emails to camp@bchcenter.org and Camp Staff will deliver them to your camper. Please note that these are one-way emails; Campers will not have access to a computer to reply to or send emails.
Phone Calls	Disconnecting from technology is one of the most important facets of the summer camp experience. To this end, BCH has a strict "no technology" rule (see the "Electronic Equipment" paragraph in the Camp Community section of this guide). Therefore, campers may not make or receive phone calls while at camp except in the case of an emergency. We believe that phone calls disrupt the program, promote homesickness, and distract campers from fully engaging in activities. Campers are not allowed to have their cell phone or other internet capable device while at camp. In the case of an emergency, we would allow campers to use our office phone.

BCH Camp Community Guidelines

Roommate Requests	Meeting new people and making friends are important goals at camp. In recognition of these goals, campers may request to be assigned to a cabin with no more than 1 other camper. Please indicate cabin requests during registration. Please note that no changes in cabin assignments can be made at the time of check-in.
Behavior	Campers are expected to behave in a manner that is consistent with BCH Camp's goals of providing a safe, positive, and respectful Christian community. Staff will work closely with campers to handle minor disciplinary issues. BCH Camp reserves the right to send home any camper whose behavior is consistently inappropriate. Any direct threat or actual physical harm to self or others will result in a camper being sent home. Parents will be responsible for arranging to have the camper dismissed from camp and transported home as soon as possible.
Electronic Equipment	A significant aspect of the camp experience is being disconnected from electronic and technological devices. Campers should not bring and will not be allowed to use portable electronic devices including cell phones, tablets, and electronic games while at camp. Cell phone use is strictly prohibited in order to help maintain the safety and security of our campers. Any electronic equipment brought to camp will be taken from campers and held by camp staff until check-out day.

Personal Sports Equipment	BCH Camp will provide your child with sports equipment during the week. If your child is interested in bringing their own personal equipment to camp, please contact our Program Director prior to camp arrival for approval.
Pets	BCH Camp does not allow any pets on camp grounds. Please refrain from bringing dogs and other animals to camper drop-off or pick-up.
Prohibited Items	BCH Camp strictly prohibits any weapons, alcohol, tobacco products, e-cigarettes (vaping devices) and illegal drugs. Prohibited items will be confiscated and campers will be sent home for bringing these items to camp.
Clothing	As a Christian camp we expect our staff and campers' clothing to be safe for wear in our active program and to not make others feel uncomfortable. Inappropriate items include: <ul style="list-style-type: none"> ● Clothing containing violent, political, alcohol, or drug-related logos and graphics ● Clothing that is sheer and can be seen through ● Flip flops or sandals (except in the cabin or at the waterfront) ● Crocs do not count as closed toed shoes in sports or challenge course activities
Visitors	To protect the safety and security of campers BCH does not allow visitors while camp is in session. Parents, family members and friends should not plan on visiting campers during the week but are encouraged to attend our closing program on Friday afternoon.

BCH Camp Contact Information

Phone	(603) 547-3038 This is the direct phone number to our Program Director, Kate. (603) 547-3400 This is the BCH office phone number. During the summer there is a staff person in the office during normal business hours, Monday-Friday, 9am-5pm. After normal business hours our voicemail will provide you with our emergency contact information.
Email	kate@bchcenter.org Kate, our Program Director, will receive emails sent to this email address. Please use this email for general questions. You may also send scanned forms to this email address.
Website	www.bchcenter.org/camp Visit our website for more information about our programs, schedules, dates and rates.
Online Registration	http://bchcamp.campbrainregistration.com Visit this site to register for camp and complete forms online.
Mail	BCH Camp PO Box 204 Greenfield, NH 03047
Directions	108 Wally Stone Lane, Greenfield, NH 03047 <i>*For GPS directions use 400 Sawmill Road in Greenfield, instead.</i>
	From Boston <ul style="list-style-type: none"> ➤ From I-95/128 or I-495, take Route 3 North to Exit 8 in NH (Amherst/Milford) ➤ At the third set of lights turn right on to Route 101A West. Stay on 101A for approximately 6.5 miles. ➤ Take the exit for Route 101 West. Stay on 101 West for approximately 5 miles. ➤ Turn left to stay on 101 West. ➤ Follow 101 West for 2 more miles until you reach the center of Wilton, NH. ➤ Go straight through the town of Wilton without making any turns. You are now on Route 31 North. Stay on Route 31 North for approximately 11 miles toward Greenfield.

- In the center of Greenfield, turn right to stay on Route 31 North.
- Travel approximately 2 miles until you reach The Barbara C. Harris Center on your left.

BCH Emergency Phone List

Greenfield Police	(603) 547-2525
Greenfield Fire Department	(603) 547-3501
Monadnock Community Hospital	(603) 924-7191

Daily Camp Schedule

Monday - Thursday

8:00 - 8:30	Breakfast
8:30 - 9:00	Cabin clean-up
9:00 - 9:30	Morning chapel
9:30 - 10:30	Progression #1 & Mental Health Workshop
10:30 - 10:45	Change progressions and snack
10:45 - 11:45	Progression #2
12:00 - 12:40	Lunch
12:40 - 1:40	Siesta
1:45 - 2:45	Progression #3
2:55 - 3:45	Free time and snack at the beginning
4:15 - 5:00	Faith formation
5:00 - 5:30	Games in the gym, staff meeting in lounge
5:30 - 6:30	Dinner
6:30 - 7:00	Cabin time & prep for evening program
7:00 - 8:00	Evening program (Wednesday is cabin night)
8:10 - 8:40	Evening worship (No evening worship on Wednesday)
9:00 - 9:30	Cabins for devotions and showers
9:30 - 10:30	Lights out (varies depending on age of campers)

Barbara C. Harris Camp Packing List

As you pack your bags and prepare to make your way to BCH the list below may help you in deciding what is necessary to bring and what is better left at home. These items have been compiled by former BCH campers, with some special insight into life at camp. If you are unable to bring some of the necessary items on the list please let us and/or your parish know and we can make an arrangement.

Please remember that campers will be very active and should bring clothing that is comfortable, durable and can be easily replaced if lost or damaged. Campers will **not** have access to laundry facilities so they need to bring enough clothing to last the length of camp. Any item of significant value should be left at home. To ensure the health and safety of all campers the staff may inspect camper's luggage and hold items that are inappropriate until the end of camp. Please also note that our cabins are equipped with showers, sinks and toilets. It gets hot during the day and cools off at night!

Feel free to reach out with additional questions as they come up. Happy packing and see you soon!

CLOTHING	SLEEPING	TOILETRIES
<ul style="list-style-type: none"> ● Shorts ● Long pants ● T-shirts ● Sweatshirt/sweater(s) ● Socks ● Underwear ● Swimsuit ● Pajamas 	<ul style="list-style-type: none"> ● Pillow ● Sleeping bag OR sheets and blanket (twin size) ● Towels (We recommend at least two to accommodate both showers and the lake) ● Washcloth 	<ul style="list-style-type: none"> ● Soap ● Shampoo/conditioner ● Toothbrush/toothpaste ● Sunscreen ● Bug repellent ● Deodorant
OUTERWEAR & SHOES	FUN ADDITIONS	OTHER
<ul style="list-style-type: none"> ● Raincoat or poncho ● Hat or sunglasses ● One pair of sturdy athletic shoes (not Crocs) ● Extra pair of shoes in case of rain ● Sandals or flip flops (for showers and at waterfront) 	<ul style="list-style-type: none"> ● Plug-in or battery operated box fan (Cabins are not air conditioned) ● Stationary, envelopes, and stamps ● Musical instrument ● Funky costumes ● A journal and/or book ● Card games 	<ul style="list-style-type: none"> ● Water bottle ● Flashlight or headlamp ● Laundry bag ● Watch